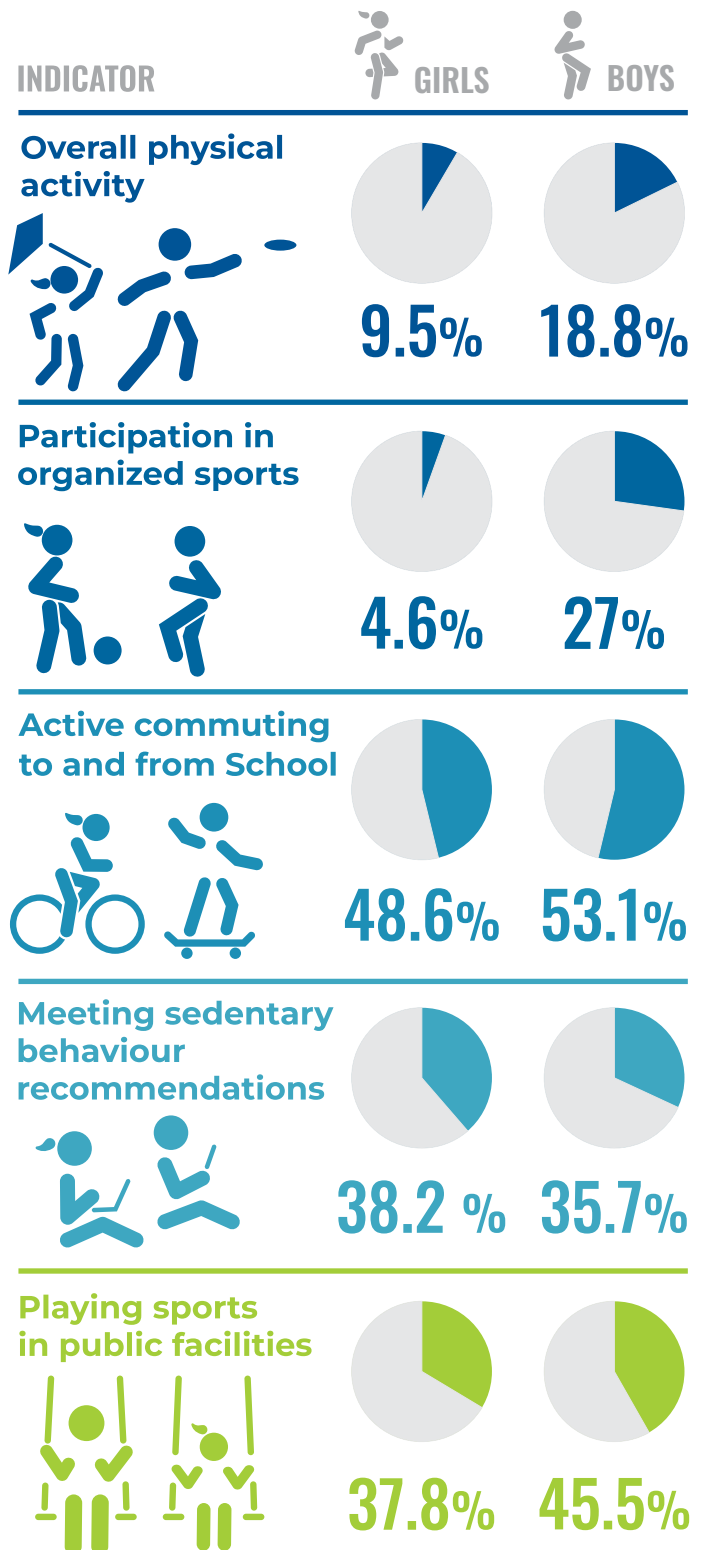


REPORT CARD ON PHYSICAL ACTIVITY IN URUGUAYAN CHILDREN AND ADOLESCENTS: A GENDER ISSUE



INDICATOR	GRADE
Overall Physical Activity	F <20% meet guidelines
Organised Sport and Physical Activity	F <20% meet guidelines
Active Play	INC
Active Transportation	C 47 - 53% actively commute
Sedentary Behaviour	D+ 34 - 39% meet guidelines
Physical Fitness	INC
Family and Peers	INC
School	B+ 74 - 79% participate in physical education classes
Community and Environment	C- 40 - 46% practice sports in public facilities
Government	C 47 - 53% influence on youth physical activity

Abbreviations: INC, inconclusive -insufficient evidence to grade-. Further information on the methodology, grading and data sources can be found in the Active Healthy Kids Uruguay Report Card long-form Brazo-Sayavera, J & Bizzozero-Peroni, B. (2022). Physical activity in Uruguay is a gender issue: Report Card on children and adolescents 2022. Rivera. Uruguay.



More information is needed about gender differences in the following indicators: Active Play, Physical Fitness, Family and Peers, School and Government.